

Little Sports

Little Footsteps students will have the opportunity to participate in our Little Sports Fitness Enrichment program!

The Little Sports Enrichment class will provide children with a variety of age appropriate sports activities! While participating in this weekly class, students will be introduced to the FUNdamentals of sports such as Basketball, Hockey, Football, Soccer as well as other organized games.

Children will learn team building skills as well as increasing their own individual confidence. Sport skills like kicking, passing, catching, jumping, and throwing are part of the program's curriculum for gross motor skills and promoting healthy lifestyles through fitness!

